SUNDFJORD SUN

Sundfjord Lodge # 6-065

June and July 2014



Meeting Location: 4630 Wheeler Ave. La Verne, CA 91750 Rock of the Foothills Church Second Saturday at 12:00 Noon



Have a GREAT Summer!

President's Message



Thank you to everyone for all the delicious open-faced sandwiches you brought to our May meeting. The 17th of May flag hoisting ceremony in San

Bernardino were attended by several of our lodge members on a very hot day.

Our Convention representatives, Pauline Pederson and Lise Fleming are off to Palm Springs June 22-25 for the District Six Convention. We are looking forward to their report. I am happy to see that some of our members will be visiting the Convention. It is a great

opportunity to see what the Convention is all about. As usual, the lodge will be closed in July and August. However, we will have our annual summer pool party on Saturday, July 19. This year's hosts of the party are Brian and Walli Jean Stranahan. Please let them know if you plan to attend and what food dishes you will be bringing. Don't forget your bathing suit, towel and sun screen. Our next lodge meeting will be on September 13. I will be missing this meeting as I am attending my 60th High School reunion in New York.

Have a wonderful summer!

Agnes Anderson Deeb



Kalender (Coming Events)

JUN

14 Sundfjord's Meeting

22-25 District Convention in Palm Springs, CA

JUL

4 Independence Day NO Sundfjord Meeting

13-26 Camp Trollfjell
Children's summer
Camp at Camp
Norge, Alta, CA

19 Summer Party at the Stranahan's in Alta Loma

AUG

NO Sundfjord Meeting

20-24 International
Convention in
Jacksonville, Florida

29-Sept.1 Northern California
Kretsstevne at Camp
Norge, Alta, CA

SEP

13 Sundfjord's Meeting

OCT

3 – 5 Central Kretsstevne Buellton, CA

11 Sundfjord's Meeting

31-Nov.2 Southern California
Kretsstevne at
Banning, CA

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Gratulerer med dagen

MAY

10	Jim Stewart
12	Page Pederson
19	Dean Pederson
JUNE	
1	Lise Fleming
9	Mary Jo Martinsen
10	Trygve Givens
11	Art Aslesen
18	Rachel Ricci Deeb
23	Brian Stranahan

God Bedring

(Get Well)

Lola Peterson is recuperating from a broken pelvis and has been moved to Pacifica Senior Living at 11918 Central Ave, Chino.

Bill Deeb fell and broke his shoulder. After a few days stay at the hospital, he has been moved to Ontario Health Care



Center, 1661 S. Euclid Ave. Ontario, CA 91762.

We wish both of them a speedy recovery.

(Please let us know if any of our members are under the weather).

Request for Norwegian cookies



A tradition of the Sons of Norway Convention is the coffee and cookie breaks. As the host lodge, Solskinn Lodge is asking all local lodges to provide cookies for delegates and visitors. Would you believe that about 50 dozen cookies are consumed at each of the 5 coffee breaks.

Cookies "MUST BE" authentic Norwegian or Scandinavian and be home baked.

Charlotte Larsen of Solskinn Lodge is coordinating the 250 dozen cookies needed for the 2014 District Convention in Palm Springs June 22-25. She needs to know how many dozen cookies our lodge will provide for the Convention.

17th of May Celebrations in San Bernardino



Bob Hanevik and Ron Severson from Soldalen Lodge are hoisting our flag



Five Sundfjord members; Pauline Pederson, Ruth Higley, Diane Griego, Anne-Lise Helland and Lise Fleming attending the "syttende mai" flag hoisting ceremony at San Bernardino City Hall on a very hot day in triple digits temperatures. The Honorary Norwegian Consul H. Michael Soroy brought greetings from Norway. Newly elected San Bernardino Mayor Carey Davis was in attendance. After the ceremony; we enjoyed lunch at Mimi's Café with the group afterwards and we all had a good time together fraternizing.

We wish all our fathers "HAPPY FATHER'S DAY"





Saturday, July 19th, 2014 at the Stranahan's home 8560 Buggy Whip Drive Alta Loma, CA 91701

From 2:00 pm until.....?

Walli Jean and Brian will B.B.Q. hot dogs and hamburgers and provide buns, condiments and drinks.

Please sign up at the June meeting if you are going to attend and what food you will be bringing.

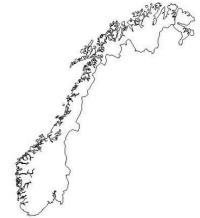
Bring your bathing suit, towel and sun screen for the pool and/or spa.



Kulture

Norway is part of the region known as Scandinavia. Scandinavia includes Norway together with its neighbors Denmark and Sweden, as well as Finland and Iceland. Norway is bounded on the west by the Atlantic Ocean for most of the country's length, on the southwest by the North Sea, and directly to the south by the Skagerrak, an arm of the North Sea. To the east, Norway shares a long border with Sweden, and for a short distance in the north

with Finland and Russia. Norway stretches across the north and west of the Scandinavian Peninsula. It is a long country with bulges at the north and south, while its midsection is as narrow across as 3.9 miles (6.28 kilometers) at one point. It has an area of 125,051 square miles (323,882 square kilometers)—roughly the



same size as the state of New Mexico. Norway is the longest country in Europe and one of the most mountainous: only one-fifth of its total area is less than 500 feet (150 meters) above sea level.

Almost one-third of the country lies within the Arctic Circle. The sun shines almost round-the-clock at the height of summer in mid-June, but in winter there is very little sunlight in mid-December. Overseas territories claimed by Norway include the Svalbard islands and Jan Mayen Island (both in the Arctic Ocean), Peter I Island (off the coast of Antarctica) and Queen Maud Land (a wedge-shaped piece of Antarctica itself).

Language: Norwegian is a Germanic language closely related to Swedish and Danish. There are actually two forms of the Norwegian language. The more common of the two, was developed from Danish during the nineteenth century, while *Nynorsk* grew out of nationalistic impulses at the same time. *Nynorsk* is a combination of rural dialects while *Bokmål* is mostly spoken by people living in cities and towns.

Religion: Norway's official religion is the Evangelical Lutheran Church of Norway. While 90 percent of the population is members, fewer than 20 percent are regular churchgoers. Norway also has small numbers of Roman Catholics, Greek Orthodox, Methodists, Baptists, Anglicans, Muslims, and Jews. Although Norwegians are not particularly religious, the overwhelming majority of parents have their children christened as infants. Most teenagers go through confirmation, the primary rite of passage for young men and women in Norway, at approximately age fifteen.

Folklore: Norwegian mythology originated from the ancient religion of the region. The chief god, **Odin**, lived in a walled city called **Valhalla** and was escorted into battle by nine warrior maidens called the **Valkyries**. Norway has a strong tradition of storytelling, and its folklore is full of odd, sometimes grotesque, creatures.

Probably the most famous creatures of Norwegian folklore are the **trolls**—large, powerful, grotesque beings. Some trolls are considered friendly, while others delight in causing harm to human beings. Trolls appear as mascots, in Norwegian place names, in folk art,



and in many folktales. Many Norwegian folktales portray a nearly senseless world; a world in which people never quite know what is going on.

<u>Food:</u> Norwegians eat four meals a day, of which the main one is **middag** (dinner), a hot meal usually eaten between 4:00 and 6:00 PM. A typical **middag** meal would be fish served with boiled potatoes and vegetables. The remaining meals are cold meals featuring the



typical Scandinavian openfaced sandwich, called **smørbrød** in Norway. These consist of ingredients such as cheese, jam, salmon spread, cucumber, boiled eggs, and sardines, served with bread and crackers.

While fish is often served in mildly flavored forms such as fish loaf and fish balls, the more pungent smoked salmon

(røkelaks) and aged trout (rakørret) are popular as well. Commonly eaten meats include mutton and meat balls. Lingonberry jam is a popular accompaniment to meals, and for dessert one may be served fresh berries, cream pudding (rømmegrøt) or fruit soup. Potatoes have been a very important staple in the Norwegian diet since the 1800s, when the church urged people to plant them to help put an end to hunger during the long winters. Coffee and aquavit, an alcoholic beverage, are the most commonly served beverages. Norwegians, like their Scandinavian neighbors, are some of the world's largest per capita consumers of coffee in the world. Norwegians generally drink it black. Norwegians also are one of the world's largest consumers of chocolate. On average,

each Norwegians consume 17.6 pounds (8 kilograms) of chocolate a year.



SXN

Sons of Norway

Mission Statement

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic

countries, and provide quality insurance and financial products to its members.

MEMORIAL DAY AT CAMP NORG

Dear Ambassadors,

What a Memorial Day celebration we had at Camp Norge. The weather was perfect. The food was plentiful and delicious. The people who came enjoyed the camping experience, the camaraderie of their fellow Sons of Norway members, the social hour, wine tasting, silent auction and craft fair, hikes and visit to the museum.

Our thanks to Chef John Syrdahl for the food, to President Linda for the wine tasting and Valerie Wolfe for the craft fairs.

We saw many tents and tent trailers, and there were more children than we have seen for a while. It was such thrill to look down in the meadow and see children running and playing and using the swing set. Seemed like old times.

Rejoice! Rejoice! Rejoice with us. We have a Treasurer. Susan Winje, a resident of Alta, and the daughter of the late Kaare Winje from Roald Amundsen #48 has joined our Board and has been elected Treasurer. She has experience in bookkeeping and computers, and is in Real Estate in the area.

Another rejoice! Kirby Aasen from Vikings of Lake

#166 has joined our Board and will be on the Buildings and Grounds Committee. We met Kirby as a participant in the recent Work Party. Everyone liked him and admired his exacting work



(and his lovely wife, seamstress Ellen). We are all looking forward to working with him and appreciate his talent.

As fraternally successful as our weekend was, there was some disturbing news for the Board. We received bills amounting to \$2,000 from Placer County for different permits for kitchens, swimming pool, septic tanks, etc. And we thought we were catching up.

And Language Camp is expecting us to furnish washers and dryers for their use during their camp. The washer

and dryer in the meadow bathhouse have not worked for some time and were disposed of when the remodeling took place and the wallboard had to be removed. The washer and dryer in the upper bathhouse are very old and can barely keep up with washing the dishtowels once a week. If you remember, these were used machines donated by Carl Rønning of Viking Lodge #89 in Chico before he retired and sold his appliance repair business about 15 years ago. Language Camp will have to get by with one set, if someone will give us one, with restrictions it is just for kitchen linens and use by the nurse for sick children. We are hoping some kind and generous lodge or member will donate a set.

A washer and electric dryer.

THIS IS VERY IMPORTANT. PLEASE GIVE IT SERIOUS THOUGHT.

It seems lodges and members like to donate to camp for a specific item, and believe me this is one specific need that cries out for immediate action.

So, these are the joys and perils of Camp Norge for May.

Penny Knudsen, Secretary

Camp Norge

A little bit of Norway in the Sierra Mountains

District 6 Recreation Center

The Sons of Norway Recreation Center is a member owned and supported property located in the Sierra Nevada Mountains of California. The facilities known as "Camp Norge" were purchased in 1957 as a place where members, their families and guests could gather for social interaction, festivals and cultural heritage programs. The grounds consist of 46 acres of land with camping in a spectacular meadow. There are 20 RV sites, complete with natural spring water and electric hookups, and many areas to pitch a tent. It you like a little more amenities, you can stay in the Historic Main House that was built in the 1930's and provides our members with mountain charm and character. Included on the property are three rustic dormitories and a "Social Hall" complete with a full kitchen and fabulous view of the meadow. Recently our members built the new state of the art "Heritage Hall". This Hall is complete with full kitchen and room for 100 members and their guests to be used for a myriad of events.

Southern California Kretsstevne (SCK)

This year's SCK will be held at Banning Stagecoach KOA campgrounds.



1455 S. San Gorgonio Ave, Banning, CA

This is a RV park that is located on the highway leading to Idyllwild where we previously held our Kretsstevner. This campground is located at the **base** of the mountains and is **flat.** It is close to Hwy 10, has a club house we can use, RV parking and cabin models to rent. Check out their web site: www.koa.com/camp/banning-stagecoach The SCK will be held over the Halloween weekend, **Friday, October 31 to Sunday, November 2, 2014.** We can have a Halloween theme on Friday with fun for kids, both young and old. Also, we plan to have some of the same activities such as cooking demonstrations, movies etc that we had last year.

I am excited about the new location and time frame (pumpkin desserts already planned) and with renewed enthusiastic interest from the 2013 attendees; we plan a wonderful 2014 SCK weekend of FUN and sharing our heritage.

Nancy Madson

District Six Convention 2014

The **32**ndBiennial District Lodge Meeting and Convention in Palm Springs, California, will be hosted by **Solskinn Lodge #6-150.** You do not have to be a delegate to attend the Convention. You can come for the day.

Sons of Norway Web Sites

Sundfjord Lodge: www.sundfjord.org
International: www.sofn.com
District 6: www.sofn6.com
Camp Norge: www.campnorge.org



August 20 – 24 Jacksonville, Florida Host: Gateway to Florida Lodge 3-541

Mid-summer fest



June 24, 2014

Come join us for our annual Mid-Summer Party celebration at Nansen Field on **Saturday**, **24 June**. There will be food, dancing and drinks all night, as well as a raffle and door prizes, so don't miss this! All-you-can-eat shrimp included in the price, and a pasta dish for those not so traditionally inclined. Coffee, strawberries and kringle will also be served. For an additional charge, a limited amount of barbecue will be available. Limited seating is available inside, and much of the event will take place outside in the evening, so please bring a warm garment.

Time and place:

5:30 PM, 24 Jun 2006

Nansen Field

15 Hidden Valley Road

Rolling Hills Estates, CA 90274

Entry fee with pre-registration: \$30. walk-ins: \$35

Make check payable to **SCAN/NFF** and mail to:

P.O. Box 1492

San Pedro, CA 90733



Myheter fra Norge

News from Norway Youth put the brakes on driving

After decades of rapid growth, car use in Norway has stagnated in recent years. Fewer young people are getting their drivers licenses, more people are living in cities, and the popularity of car ownership has fallen. The youth in particular are driving the trend away from cars and towards public transport, as fewer people between the ages of 18 and 24 are getting their drivers licenses, and more Norwegians are living in cities with reliable public transport. Norwegians' driving peaked in 2008, when the average person drove 8,699 kilometers per year. Owning and driving a car is also extremely expensive in Norway because of high taxation aimed at encouraging use of public transportation over private vehicles. Punitive taxes on car purchases, extra equipment and the power of the car's motor, for example, along with high registration fees, road tolls and high fuel taxes make driving expenses in Norway among the highest in the world. Parking is also an expensive challenge, especially in Norwegian cities.

One of the key factors in driving stagnation also has been that fewer young people are getting driver's licenses. In 1992, 80 percent of Norwegians between the age of 18 and 24 had their driver's license. By 2012, just fewer than 67 percent had learned to drive. Among



Norwegians between 18 and 64, the number of people with licenses fell from 86 percent in 1992 to 82 percent in 2012. The public transport offered in Oslo is

exceptionally good. More people live in the cities where it can be a hassle to have a car. Most people use the public transportations when they want to go **into** the cities and their cars when they want to get **out** of the cities.

In 2013, there were 57.2 cars per 100 citizens.

Get your check books ready because a piece of Svalbard is put up for sale



A large piece of private property on Norway's Arctic archipelago of Svalbard has been put up for sale on the international market. The unusual real estate offer is expected to attract interested bidders from around the world. Several of the old buildings in the earlier abandoned mining community of Hiorthamn have been restored for recreational use. The vast area across the fjord from Longyearbyen is popular with local residents and remains rich in natural resources. The

property, called Austre
Adventfjord, is being sold and lies directly across the fjord from Longyear-byen, the largest settlement in Svalbard that lies on the island of Spitsbergen. It's been a popular holiday area for



residents of Longyearbyen and also contains the remains of the mining community of Hiorthhamn and the coal mine itself inside the mountain of Operafjellet. No price has been attached to the property yet, which covers 217 square kilometers. There's still estimated to be around 20 million tons of coal on the property that could be mined over a period of around 20 years. State officials confirm that there are no restrictions on the sale as long as the transaction conforms to the Svalbard Treaty that was ratified by more than 40 nations in 1920 and stipulates, among other things, that the area remain free of military operations. Austre Adventfjord is one of just two privately owned properties on the vast Arctic archipelago of Svalbard, which is subject to the Svalbard Treaty that placed it under Norwegian sovereignty in 1920. Norway owns 99.2 per cent of Svalbard.

Record-high support for the Royal Family

82% of the Norwegian population says that they support the Royal Family and that they do not want another form of state. This is by far the highest number in the last 20 years. There also opponents who want



Norway to become a republic. The high support right now may be partly due to Norway celebrating the 200-year-anniversary of its constitution this year. People become more curious and attentive, and maybe even more engaged than usual. The monarchy has a strong position in Norway and in the near future it is probably just as unlikely that Norway will abolish the monarchy as they will become members of the E.U. (European Union).